THE ANCHOR LAB SPACE *Clarity for what comes next.*

The Anchor Roadmap

When support is in place, direction comes next.

Personalized coaching and navigation for high school students who need clarity about what comes after graduation. In one-on-one sessions, the student gets to know their strengths, explores realistic pathways, and builds a plan with concrete steps and follow-through.

With Daniela Ciffoni · 15+ years in higher education and career development

Does any of this sound familiar?

Your teen has academic support and still seems disengaged or uncertain.

Conversations about the future often end in tension or frustration.

Big decisions are near, with no plan yet that your teen owns.

How Daniela supports your student

Through personalized one-on-one sessions, Daniela helps your teen:

1. Recognize strengths, interests and values.
2. Explore realistic options.
3. Choose three concrete priorities.
4. Turn them into dated actions.
5. Connect resources into one plan.
6. Share the plan with their family.

Senior Roadmap: example 4-week journey

First: Anchor Conversation with a parent or guardian · free · 30 min.

1

WEEK 1 · SESSION 1

Understand the starting point

Strengths, interests, values and current situation.

2

WEEK 2 · SESSION 2

Explore and prioritize

What options exist, what matters now and what can wait.

3

WEEK 3 · SESSION 3

Map the plan

Define three priorities and choose concrete actions with dates.

4

WEEK 4 · SESSION 4

Follow up

Review progress, adjust the plan, agree on next steps.

Senior Roadmap starter package: 4 sessions in 4 weeks.

Every student is unique: I tailor the sessions to their journey. At the end, your teen and family receive a personalized Anchor Roadmap with three priorities, dated actions and support to keep progress going. It complements the counselors, tutors and college coaches already helping. For 10th and 11th grade, the Junior Roadmap has a longer pace.

Start with an Anchor Conversation

Brief and free. We talk about your situation, meet your teen and decide together if the program may be right for your family.

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Meet Daniela Ciffoni

Education, youth development and the world of work

More than 15 years with students, young professionals, universities and employers let me help a young person understand who they are, explore realistic options and connect today's decisions to their future.

My journey

WelbeHealth	Designed skills-development and internal-mobility frameworks, built a network of partnerships, and helped lay the foundation for a $2 million career-pathways investment.
Universities	Miami Dade College, FIU and NSU: student and career support.
Adjunct instructor	FIU: Life Skills (freshman) and Career Development. University of Phoenix and Colorado Technical University: HR and Career Development.
2U / Trilogy Education	Career Services for students in short courses and degree programs, preparing them for employment.
Year Up	Worked directly with young adults: their career development and the move into a first job.
SkillsRight (formerly OneTen)	Advised HR and C-suite leaders at Bank of America, ADP, American Express and Trane Technologies on skills-first hiring; managed partnerships of $35K to $1M+.

MBA, Management concentration · M.S. in Human Resources Management · Strategic Project Management Certificate, Oxford Saïd · ATD Coaching Certificate, Association for Talent Development · Youth Mental Health First Aid, National Council for Mental Wellbeing · Trilingual: English, Spanish and Italian

This is The Anchor Lab Space

Many families have tutors, counselors and college coaches, and still need a space where their teen can build clarity, motivation and responsibility.

The Anchor Lab Space offers that space. I support high school students and their families as they prepare for life after graduation, with a plan tailored to each student.

The idea came from both my professional experience and my experience as the mom of a 12th-grade student. Both showed me how much teens and families can need this kind of support.

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